

Baden-Württ. Master-Meisterschaftenn am 23./24.Juli 2022 in Weinstadt - Stadion
Samstag, 23.Juli 2022

Ablaufplan

Uhr	Lauf	Dreisprung	Hochsprung	Stabhoch	Kugel	Diskus	Uhr
10:30					W50 - W70 W75 u. älter	M30 - M45	10:30
11:00					(3kg / 2kg)	2 kg	11:00
11:10							11:10
11:20							11:20
11:30			W30 - W45				11:30
11:40							11:40
11:50							11:50
12:00	110m Hü M30 - M35 - 99,1cm				W30 - W45		12:00
12:10	110m Hü M40 - M45 - 99,1cm				(4kg)		12:10
12:15						M50 - M55	12:15
12:20	100m Hü M50 - M55 - 91,4cm					1,5kg	12:20
12:30	100m Hü M60 - M65 - 83,8cm		W 50 u.älter				12:30
12:35	100m Hü W30 - W35 - 83,8cm						12:35
12:40							12:40
12:45	80m Hü W40 - W45 - 76,2cm						12:45
12:50	80m Hü W50 - W55 - 76,2cm						12:50
12:55	80m Hü M70 - M75 - 76,2cm						12:55
13:00				W30 -W75 M70 u.älter	M30 - M45		13:00
13:05					7,26 kg		13:05
13:10							13:10
13:20							13:20
13:30	1500m M70 u.älter		M30 - M45				13:30
13:40							13:40
13:45	1500m M50 - M65						13:45
13:50							13:50
14:00	1500m M30 - M45				M50 - M55	W50 - W70 W75 u.älter	14:00
14:10					6kg	(1 kg /0,75kg)	14:10
14:15	1500m W30 u.älter						14:15
14:20							14:20
14:30							14:30
14:40							14:40
14:50							14:50
14:55	300m Hü M60 - M65 - 76,2cm						14:55
15:00	300m Hü W50 - W55 - 76,2cm		M50 - M55	M30 - M65	M60 - M65		15:00
15:10					5kg		15:10
15:15	400m Hü W30 - W45 - 76,2cm						15:15
15:20	400m Hü M50 -M55 - 83,8cm						15:20
15:25							15:25
15:30	400m Hü M40 -M45 - 91,4cm					W30 - W45	15:30
15:40	400m Hü M30 -M35 - 91,4cm					(1kg)	15:40
15:50							15:50
16:00	400m W30 - W75		M60 - M65				16:00
16:10	400m M80 - M85						16:10
16:15	400m M70 - M75						16:15
16:20	400m M60 - M65						16:20
16:30	400m M50 - M55				M70 - M75		16:30
16:40	400m M40 - M45				4kg		16:40
16:45	400m M30 - M35					M80 u.älter	16:45
16:50						1 kg	16:50
17:00			M70 u.älter				17:00
17:10							17:10

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Uhr	Lauf	Dreisprung	Hochsprung	Stabhoch	Kugel	Diskus	Uhr
17:15	5000m W30 u. älter						17:15
17:20		W30 - W75 M60 u. älter					17:20
17:30							17:30
17:40							17:40
17:50							17:50
18:00	5000m M30 - M45				M80 u. älter	M60 - M65	18:00
18:10					3 kg	(1kg)	18:10
18:20		M30 - M55					18:20
18:30							18:30
18:35	5000m M50 - M55						18:35
18:40							18:40
18:50							18:50
19:00							19:00
19:10	5000m M60 - M65						19:10
19:20							19:20
19:30						M70 - M75	19:30
19:40						1kg	19:40
19:50	5000m M70 u. älter						19:50
20:00							20:00
20:10							20:10
20:20							20:20
20:30	Stand: 17.07.2022						20:30