

Vorläufiger Zeitplan:

Samstag 25. Januar 2020

Zeit	Lauf	Hoch	Stab	Weit	Kugel
10:00	60m Hü M70/75 + W50+				W60+
10:10	60m Hü M60/65 + W40/45				
10:20	60m Hü M50/55 + W30/35				
10:30	60m Hü M30-M45			M60/65	W30 - W55
10:45	60m M80 -M90				
10:50	60m M70/75				
11:00	60m M60/65				
11:15	60m M50/55				
11:25	60m M40/45				
11:30				M70+	
11:35	60m M30/55				
11:45	60m W30/35				M30/35
11:50	60m W40/45				
11:55	60m W50/55				
12:00	60m W60 - W85	M30 - M45			
12:25	800m M30/35				
12:30			M30+ / W30+	W30 - W45	M70+
12:35	800m M40/45				
12:45	800m M50/55				
12:55	800m M60 /65				
13:05	800m M70 -M90				
13:15	800m W30 - W85	M50/55			
13:30	200m M30/35			W50+	
13:40	200m M40/45				
13:50	200m M50/55				
14:00	200m M60/65				
14:10	200m M70/75				M40/45
14:30	200m M80 - 90	M60/65		M50/55	
14:40	200m W30/35				
14:45	200m W40/45				
14:55	200m W50/55				
15:00	200m W60 - W85				M50/55
15:20	3000m M30 - M45				
15:30		M70+			
15:35	3000m M50 – M60				
15:50	3000m M65-85				
16:00				M30 – M45	
16:10	3000m W30 – W85				
16:30	4x200m M30 - M50				
16:40	4x200m M60 - M80	W30+			M60/65
16:50	4x200m W30 - W70				
17:00	400m M30/35				
17:10	400m M40/45				
17:20	400m M50/55				
17:30	400m M60/65				
17:40	400m M70/75				
17:50	400m W30 - W85				

Änderungen vorbehalten.

Stand: 20.01.2020

**Technische Wettbewerbe: Es können nur vier Versuche gewährt werden!**